



## New Rider Information Sheet

Name: \_\_\_\_\_ Phone Number \_\_\_\_\_

If minor child, parent's name \_\_\_\_\_ Cell: \_\_\_\_\_

Full Address: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Height : \_\_\_\_\_

Restrictions, Surgeries, previous injuries: \_\_\_\_\_

**Rider's previous experience** on horses (please include details such as have they trotted independently or on a lunge line):

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**Riders learning style** (visual, auditory, any learning/developmental/physical challenges?):

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**Rider's goals** (please include short-term goals and long-term goals *ex. Short-term goal is to learn to trot solo long-term goal is to eventually jump 3'6*):

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What other programs would you like to see at the rescue? What else might you or your child like to learn?

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## **Please read and sign the policies and procedures**

Riders must wear appropriate attire (long pants or jeans; breeches are encouraged but not required), boots with at least 1/2 inch heel, approved riding helmet (bicycle helmets are not appropriate as they protect the front of the head not the circumference). Limited schooling helmets are available to use however fit is not a guarantee. Adjustable helmets can be purchased at your local tack shop for as little as \$55 - 60 dollars.

No steel-toe boots are allowed on the farm or around the horses.

Helmets are expected to be worn at all times when mounted on a horse or in an arena when horses are present.

Riders under the age of 18 are required to wear a helmet when getting a horse from the paddock and grooming. It is suggested that all adults do this as well.

Riders should arrive **30 minutes prior** to the start of their lesson. This allows for getting the horse assignment from your trainer, getting their tack & grooming kit from the tack room, and if approved, getting the horse from their paddock and starting to tack up. We most often have a groom helping whenever possible however, this is not guaranteed.

Upon arrival, please refrain from sitting in the car. Your trainer should not have to call you to the arena. In the case your horse is already tacked up, please be at the arena gate 5 minutes prior to your lesson.

**Please no running, screaming, loud noises, throwing objects, or anything that would startle the horses. Cell phones should be turned off and not on the rider.** Horses are flight or fight creatures and, while we work with our horses to face everyday life occurrences, horses can be unpredictable.

Riders who are not approved to tack up on their own, please know this is a part of the lesson (no more than 10 minutes should be used of the lesson, however, this depends on the student). Additional 30-minute horsemanship lessons are available for your purchase. Please ask your instructor for more information.

Parents are encouraged to help their children tack up their horses for their lessons. Parents are expected to stay on-premises while your child rides or you must inform the instructor that you are leaving however, parents **MUST** be back by the time your child is done with their

lesson. Having youth unsupervised on the property presents a significant liability for the farm, staff, and owners.

Please be aware that lessons should be paid for prior to the lesson via cash, check made payable to USHWR, Paypal to USHorseWelfare@gmail.com, or Venmo @USHorseWelfareandRescue. If lessons have not been purchased prior to the lesson, a \$5 late fee may be assessed.

We understand that emergencies happen, however, lessons must be canceled 24 hours prior to the lesson time or the package will be charged for the lesson.

In the event of a trainer cancellation due to weather, a text or email notification will be provided, usually with 24-hour notice; however, weather cannot be predicted. In the event that the temperature is below 25 degrees or above 90 degrees, lessons will be "light duty" or unmounted horsemanship for the safety of the rider and the horse. The lesson will not be canceled.

Canceled lessons should be made up within the semester.

Safety is our number one priority, our trainers will go over their individual policies, however, some expectations are universal:

Please refrain from going behind a horse.

**Please do not feed any horse without the trainer's permission, as some horses are on very special diets.**

When riding the reins should never be left unattended or on the ground.

No one should go into a horse's stall or paddock without permission from the trainer.

**Failure to comply with these rules may result in the student being suspended from the lesson program.**

Rider Signature:

Date:

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Parent Signature:

Date:

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